

FCCC Snack Calendar

Before School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1% White Milk (8oz)	Bagel (28g)	Nature Valley Crisp	1% White Milk (8oz)	1% White Milk (8oz)
Cereal (28g)	Cream Cheese or Jelly	Cinnamon (28g)	Cereal (28g)	Whole Grain Muffin (28g)
WG Reduced Sugar	Fresh Fruit (2/4 cup)	Yogurt Cup (4oz)	WG Reduced Sugar	

After School

1% White Milk (8oz)	Educational Crackers (28g)	1% White Milk (8oz)	String Cheese (1oz)	1% White Milk (8oz)
Cinnamon Graham Crackers (28g)	Fresh Fruit (3/4 cup)	Sweet Bread (28g)	Fresh Fruit (3/4 cup)	Pillisbury Mini Bagel (28g)
			Water (8oz)	Cream Cheese
1% White Milk (8oz)	String Cheese (1oz)	1% White Milk (8oz)	Goldfish Crackers (28g)	1% White Milk (8oz)
Whole Grain Muffin (28g)	Cheezit Crackers (28g)	Pillisbury Mini Bagel (28g)	Fresh Fruit (3/4 cup)	Sweet Bread (28g)
	Water (8oz)	Cream Cheese	Water (8oz)	

Snacks are subject to change and serving days may vary. After school snacks are on a two-week rotating schedule.